

Elizabeth Coleman, EdD, LCMHC, NCC, NBCT

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Objective

Motivated and empathetic educator and mental health counselor, adept at delivering evidence-based behavioral health care services customized to meet the unique needs of students, clients, and communities. Actively seeking a role to engage in collaborative efforts with colleagues, leverage supervision skills, and extend support within the education industry.

Education and Professional Certifications

Education

<i>Appalachian State University</i> Ed.D., Educational Leadership Dissertation: <i>Bodies, Brains & Besties: Student Perspectives on Making the Transition from Elementary to Middle School</i>	Boone, NC May 2020
Ed.S., Adult & Developmental Education	May 2017
M.A., Professional School Counseling Graduate with Honors	December 2012
<i>University of North Carolina</i> B.A., English; B.A., Communications Studies	Chapel Hill, NC May 2005

Additional Education

<i>University of North Carolina</i> Add-On Licensure, School Administration	Charlotte, NC Coursework, 2013
<i>N.C. State University</i> Graduate Certificate, Educational Technology	Raleigh, NC May 2011
<i>Pitt Community College</i> Cosmetology Certificate, NCSBOC Cosmetology License	Greenville, NC August 2008

Professional Licensure and Certifications

Qualified Clinical Supervisor (QS135320)	2021-Present
EMDR Certified	2021-Present
National Board Certified in Professional Teacher Standards (03082818)	2019-Present
Licensed Clinical Mental Health Counselor (11589)	2015-Present
NC Career Development Coordinator (1046514)	2014-Present

Board Certified Counselor (310623)
NC School Counselor (1046514)
Global Career Development Facilitator

2013-Present
2012-Present
2014-2020

Professional Experience

Professional Counseling & Student Services

Jodi Province Counseling Services, PLLC

2014-Present

Clinical Mental Health Counselor

- Deliver individual counseling services using evidence-based approaches, including person-centered therapy, CBT, DBT, and EMDR techniques
- Specialize in addressing anxiety, stress, depression, life transitions, peer relationships, and fostering healthy coping skills, primarily with adolescents and young adults
- Collaborate with local probation offices and court counselors to provide tailored services for clients within the juvenile justice system
- Supervise university interns, guiding their professional development and ensuring effective counseling practices
- Coordinate and implement school-based therapy, incorporating trauma-informed practices and crisis response strategies
- Collaborate with schools, community partners, and other stakeholders, making referrals to outside agencies as needed
- Provide behavior and mental health support to Head Start programs in Wilkes, Ashe, and Alleghany County, utilizing trauma-informed practices
- Conduct comprehensive professional development and beginning-of-year training sessions for Head Start employees
- Conduct thorough mental health, behavioral, and developmental observations and assessments for children enrolled in the Head Start program
- Maintain accurate clinical documentation using HIPAA-compliant electronic health records to ensure client confidentiality and facilitate timely release of records when necessary
- Conduct comprehensive needs assessments to identify children in crisis situations requiring intervention
- Collaborate with multidisciplinary teams, including educators, social workers, and mental health professionals, to ensure comprehensive support for children in crisis
- Provide crisis intervention services to children experiencing emotional, behavioral, or psychological challenges
- Develop and implement reintegration plans to facilitate the successful return of children to school environments
- Monitor progress and adjust intervention strategies as needed to support children's ongoing well-being and academic success
- Maintain detailed documentation of assessment findings, intervention plans, and progress notes in compliance with regulatory requirements and ethical standards

Wilkes County Schools

Professional School Counselor (Elementary)

2012-2014; 2022-2023

- Conducted individual and small group sessions to address academic concerns, peer conflict, self-esteem, conflict resolution, social skills, relational aggression, grief, and academic study skills for elementary school students.
- Collaborated with the School Nurse, Social Worker, and Department of Social Services to coordinate the provision of student and family needs.
- Actively participated in the School Improvement Team (SIT) and Positive Behavior Interventions and Supports (PBIS) Committee to contribute to the enhancement of school culture and student outcomes.
- Implemented classroom guidance lessons based on NC Essential Standards, covering topics such as character education, study skills, and career exploration.
- Led and organized initiatives promoting positive behavior and social-emotional development among students.
- Conducted needs assessments to identify specific challenges and needs of students, working collaboratively with teachers and administrators.
- Provided crisis intervention and counseling services as needed, ensuring the emotional well-being of students; referred students and families to outside services and agencies as needed or required by law
- Collaborated with parents to address concerns related to their child's academic and social-emotional development.
- Facilitated workshops for students and parents on topics such as bullying prevention, study skills, and effective communication.
- Utilized data analysis tools, including Google Forms and other platforms, to inform the development of a comprehensive school counseling program.

Professional School Counselor (Middle Grades)

2018-2021; 2023-Present

- Conducted extensive research for a doctoral dissertation program focusing on the transition into middle school, gaining insights into the developmental levels and unique needs of young adolescents.
- Developed and implemented a mentoring program aimed at reducing behavior referrals and enhancing student academic outcomes.
- Conducted small group sessions to address the needs of students requiring Tier II & III behavior interventions and strategies.
- Educated students on understanding self and others, fostering positive peer relationships and enhancing effective social skills.
- Counseled individual and small groups of students, guiding them in developing positive coping strategies to manage stress, anxiety, and depression. Provided support in improving communication skills and implementing effective problem-solving strategies.
- Planned and executed events to promote career awareness, exploration, substance abuse education, and successful transitions for middle school students.
- Utilized data analysis tools to assess the effectiveness of interventions and adjust strategies based on student needs and outcomes.

Career Development & Special Populations Coordinator

2014-2015

- Established and fostered connections with local businesses to expand internship opportunities for students, resulting in a substantial increase in program enrollment from 15 to 100 students.
- Maintained open communication with school principals and teachers to provide updates on student progress and achievements during internships.
- Represented Wilkes County Schools for Governor McCrory's 1000 in 100 initiative, serving as the official representative from Wilkes County Schools at various Business and Industry meetings.
- Collaborated with the Wilkes Economic Development Corporation to implement ACT Work Ready Community Standards, taking the lead in organizing and facilitating the Business, Industry, Education Forum (BIEF) for Wilkes County Schools.
- Provided instruction to classes as requested, focusing on key areas such as Career Development, College Planning, and Soft Skills.
- Encouraged high school student participation in the ACT Work Keys assessment, particularly those enrolled in Career and Technical Education (CTE) courses.
- Developed informational program materials using Microsoft programs to effectively advertise and promote CTE courses to high school students and parents.
- Reviewed and analyzed data in collaboration with the Director of CTE programs and Wilkes Community College student services representatives, identifying areas for growth and improvement in both CTE and Career and College Promise (CCP) programming.

Alleghany County Schools

2017-2018

Professional School Counselor (High School)

- Delivered comprehensive and developmental school counseling instruction, advisement, and counseling services to individuals and student groups, aligning with the American School Counselor Association (ASCA) standards.
- Led and participated in committees dedicated to enhancing school culture, improving student outcomes, and fostering stronger community connections.
- Functioned as a liaison between Wilkes Community College, Alleghany Education Foundation, Scholarship donors, and various community organizations to facilitate collaborative partnerships and support educational initiatives.
- Established and maintained a robust school counseling program, incorporating activities and programming that addressed the social-emotional, personal, academic, and career needs of students, in accordance with ASCA guidelines.
- Collaborated with NC Works and Wilkes Community College to organize and host career training sessions and job fairs, actively contributing to meeting the post-secondary needs of students.
- Applied data analysis techniques to identify students requiring external referrals, coordinating with entities such as the Appalachian State ASC Center to address mental health needs and support at-risk students, in adherence to ASCA standards.

Wilkes Community College

2015-2017

Student Services Counselor & Advisor

- Identified the technical training needs within the local community, overseeing the administration, marketing, and delivery of the college's training programs and services.
- Conducted admissions interviews and informational sessions for prospective students.
- Offered academic and transfer advisement, career guidance, financial aid counseling, and facilitated student registration.
- Coordinated the Career and College Promise program at the Allegheny Center.
- Utilized data collected from student and community needs assessments to enhance Career and College Promise (CCP) and center course offerings.
- Conducted joint needs assessments with Allegheny students, the Allegheny High School principal, CTE Director, and Counselors to identify specific requirements related to Career and College Promise and boost student engagement.
- Contributed to the supervision of administrative assistants and adjunct instructors.
- Collaborated with the Vice President of the Allegheny Center and Allegheny Center director to identify areas for improvement in campus facilities based on program requirements.

Additional Professional Experience***Mulberry Elementary School***

Professional School Counseling Practicum

Spring 2012

Appalachian State University

Graduate Teaching Assistant, Life and Career Planning

Spring 2012

Graduate Assistant, Doctoral Program

2011-2012

Graduate Assistant, Professional School Counseling

2011-2012

Nash Rocky Mount Schools

Technology Instructor (Elementary School)

2008-2011

English Teacher (High School)

2005-2006

Post-Secondary Teaching***Appalachian State University***

Adjunct Instructor, CED 6900: Internship

Summer 2024

Adjunct Instructor, CED 5900: Practicum

Fall 2023

Adjunct Instructor, CED 5210: Career Development & Counseling

Fall 2023

Adjunct Instructor, HPC 5900: Practicum

Fall 2022

Adjunct Instructor, HPC 5210: Career Development & Counseling

Fall 2022

Adjunct Instructor, HPC 5110: Social Justice & Diversity

Summer 2022

Adjunct Instructor, HPC 6900: Internship

Spring 2022

Adjunct Instructor, HPC 5900: Practicum

Fall 2021

Adjunct Instructor, HPC 5210: Career Development & Counseling

Fall 2021

Wilkes Community College

Instructor, ACA 115: Success & Study Skills

2015-2017

Instructor, EDU 271: Education Technology

Fall 2016

Supervision

Qualified Clinical Supervision (LCMHC)

January 2023-Present

Clinical Mental Health Counseling, Liberty University

Spring-Fall 2022

Clinical Mental Health Counseling, Wake Forest University

Spring 2021

Professional School Counseling, Appalachian State University

Fall 2020

Professional School Counseling, Liberty University

Fall 2020

Professional School Counseling, Liberty University

Spring 2019

Presentations

Conferences

Coleman, E. C. (2020, November). *Bodies, Brains & Besties: Navigating the Transition to Middle School*. Talk presented at the North Carolina School Counselor Association conference, Virtual Platform.

Coleman, E. C. & Cleary, C. J. (2020, November). *The Missing Link: Collaborative Relationships that Support Student SEL*. Talk presented at the North Carolina School Counselor Association conference, Virtual Platform.

Coleman, E. C. (2020, September). *Mental Health & Wellbeing During COVID-19*. Talk presented at Wilkes Community College Professional Development conference, Virtual Platform.

Coleman, E. C. (2020, March). *Bodies, Brains & Besties: Navigating the Transition to Middle School*. Talk presented at the North Carolina Middle Level Educators conference, Greensboro, NC. [Cancelled.]

Coleman, E. C. & Cleary, C. J. (2019, October). *Scoreboard Your School to Success*. Talk presented at the LEAD Summit, Wilkesboro, NC.

Watts, B. L., & Coleman, E. C. (2017, February). *Transfer Advising: Navigating the Path from Community College to University*. Poster Presentation, National Institute for the Study of Transfer Students, Atlanta, GA.

Coleman, E. C. & Driggers, M. J. (2012, February). *School Children and Poverty: Reaching an Elusive Population Through Counseling*. Poster Presentation, North Carolina Counseling Association, Greensboro, NC.

Putnam, M. G. & Coleman, E. C. (2011, November). *Child-Centered Play Therapy and Domestic Violence: Using CCPT with Child Victims and Witnesses of Domestic Violence*. Poster Presentation, North Carolina School Counseling Association, Greensboro, NC.

Community

Coleman, E. C. (2023, Fall). *Developing Workplace Self-Care Strategies for Effective Stress Management*. Presented to BROCC Head Start, Alleghany County, NC.

Coleman, E. C. (2022, Fall). *Bodies, Brains, & Besties: Becoming Who I Am*. Girls Empowering Girls Symposium. Yadkin County, NC.

Coleman, E. C. (2022, Fall). *Childhood Trauma and Schools*. Wilkes County Sheriff's Office: School Resource Officer Training. Wilkes County, NC.

Coleman, E. C. & Province, J. T. (2022, Spring). *Vicarious Trauma in the Helping Professions*. Secondary Trauma and Self Care for Professionals in Child Welfare. Wilkesboro, NC.

Coleman, E. C. (2022, Spring). *Building Resilience to Cope with Stress*. Presented to BROCC Head Start, Virtual Platform.

Coleman, E. C. (2021, Fall). *Employee Mental Health & Wellness: How Not to "Flip Your Lid"*. Presented to BROCC Head Start, Virtual Platform.

Coleman, E. C. (2020, Spring). *Positive Parenting*. Presented to BROCC Head Start, Virtual Platform.

Coleman, E. C. (2020, Spring). *Managing Stress and Anxiety*. Presented to BROCC Head Start, Virtual Platform.

Coleman, E. C. (2020, February). *Vicarious Trauma in the Helping Professions*. Presented to Dove House Child Advocacy Center, Virtual Platform.

Publications

Coleman, E. C. (2022). Youth Participatory Action Research in Schools: Understanding Perspectives of the American Middle School Student. In K. Main & S. Whatman (Eds.), *Health and Well-Being in the Middle Grades: Research for Effective Middle Level Education*. Information Age Publishing.

Service

Committees

Chair, Multi-Tiered System of Support Team Chair	2019-2021
Member, School Improvement Team	2011-2012; 2018-2024
Chair, School Improvement Team	2017-2018
Chair, NC STAR Committee	2017-2018
Chair/Member, Positive Behavior Intervention & Support Team	2008-2024
Chair, United Way Committee	2012-2014

Community Involvement

Mentor, Alleghany Community Television	2016-2018
Advisor & Booth Organizer, Wilkes Community College MerleFest	2015-2016
Wilkes County Representative, 100 in 1000 Initiative	2014
Organizer, Wilkes County Business, Industry & Education Forum	2014-2015

Professional Associations

American Counselor Association	Current
NC School Counseling Association	Current
International Association of Eating Disorders Professionals	2020-2023
National Career Development Association	2014-2016

Professional Development

CCE Clinical Supervisor Training	2021
Eye Movement Desensitization & Reprocessing	2021
IAEDP Eating & Feeding Disorders	2021
NC Public School Forum, Education Policy Fellowship Program	2018
NCDA Facilitating Career Development Program	2014

Educational Travel

Cochabamba, Bolivia	May 2011
Advanced Multicultural Counseling	

Research and Counseling Interests/Theoretical Background

Research: Deferred Action for Childhood Arrivals, Immigration, School Counselor roles and effects on student performance, Child Development, Behavioral Interventions, Middle School Transitions, Obsessive-Compulsive Disorder, Eating and Feeding Disorders

Counseling: Cognitive Behavior Theory, Person-Centered Theory, Solution-Based Therapy, Gestalt, Rational Emotive Behavior Therapy, Eye Movement Desensitization & Reprocessing

Statement of Diversity and Inclusion

I firmly believe that education, encompassing both formal and informal learning, coupled with deliberate self-reflection, plays a pivotal role in fostering an environment that champions diversity, equity, and inclusion. These elements are instrumental in understanding the perspectives of others and cultivating personal awareness, thereby contributing to the development of socially just and equitable communities. Within the educational realm, it is crucial to establish a safe and inclusive space for students, staff, parents, and community members, encouraging them to explore their unique backgrounds, experiences, and

worldviews. This exploration empowers all stakeholders and members of the educational community to discern their roles in shaping a society that prioritizes social justice and equity, especially for oppressed and marginalized groups on both local and global scales. Furthermore, students derive immense benefits from educational experiences guided by culturally competent practitioners and professionals who foster an inclusive and diverse learning environment.